## The Newsletter of the Northern Virginia Sail and Power Squadron



# of TARS & TERNS



Volume XLV Number 3

**April 2010** 

## **Upcoming Meetings & Events**

Mark your calendars and come join us.

## April

14 All Hands Meeting
(See below for details.)
28 ExCom Meeting
30 NOAA CoOP Chartin

NOAA CoOP Charting Workshop, Norfolk, VA, (3 days thru 2 May)

(See page 15 for sign up details.)

## May

12 All Hands Meeting
26 ExCom Meeting
?? Spring Family Picnic
(Date pending.)

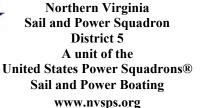
## June

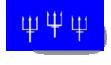
9 All Hands Meeting23 ExCom Meeting



#### All Hands Meeting

Our speaker at the 14 April 2010 meeting will be Mary Loose DeViney of the VA Department of Game and Inland Fisheries who will talk about new regulations for mandatory boating education and how they affect everyone.





## **Commander Sends** . . . Cdr George Nartsissov, P



It is an honor and a privilege to be selected and serve as the Commander of the Northern Virginia Sail and Power Squadron!

Ann and I are relatively new comers to the Power Squadron, however, we have been boat-

ing (trailer boats) for many years. We now have a Mainship Pilot 30 at Solomons, MD.

What lies ahead for our Squadron?

If we review the USPS Mission Statement, it "is to promote recreational boating skills and boating safety through education, hands on training, and civic activities while providing fellowship for members".

This is accomplished through <u>membership</u> participation. The Bridge and the Executive Committee, and the various other Squadron committees, facilitate the accomplishment of the mission.

**MEMBERSHIP**: Membership participation is what makes the Squadron successful! We are the largest Squadron in D/5. However, each year we experience



a turnover and we need to recruit new members. The boating safety course and the Vessel Safety Checks (VSCs) are good recruiting venues for new members. I encourage all members involved with Education and Vessel safety Checks to use that contact as a recruiting opportunity for new members.

(Continued on page 3)





## Bridge Officers



COMMANDER Cdr George Nartsissov, P 703-425-7044 ganh@verizon.net



EXECUTIVE OFFICER Lt/C John G. Karjala, P 703-818-8676 jgkarjala@verizon.net



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**ADMINISTRATIVE OFFICER** Pending



SECRETARY Lt/C Sue Karjala, P 703-818-8676 skarjala@verizon.net



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#### MEMBERS AT LARGE

 P/C G. J. Nelson, AP
 703-437-0064

 P/LtC Cathleen Sheffield, AP
 703-370-4331

 Steve Wanbaugh, S
 703-323-5025

 Francis Williamson, AP
 703-440-9074

 Lt Frederick D. Zugay, JN
 703-815-1954



#### **Scheduled Meetings:**

Unless otherwise noted, the General Membership Meetings will be held at the BoatUS Headquarters\* facility at 1900 (7:00 pm). Any changes will be posted in this newsletter or on the Squadron web site.

#### \*BoatUS Headquarters and meeting location:

880 South Pickett Street, Alexandria VA

From the Capital Beltway, take the VA-613/ Van Dorn Street exit, exit number 173 (aka exit 3), towards Franconia. Turn left onto South Van Dorn Street / VA-613 North. Turn left onto South Pickett Street. Go less than .5 miles and turn in at the BoatUS sign and go to the lighted parking lot in the rear. Proceed to the entrance.



Do you or one of your friends
need a vessel checked?
Or want to become an examiner yourself?
J. von Senden,
John@Southerngirl.net



### of TARS & TERNS

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Articles, opinions and advertisements do not necessarily reflect USPS policy or endorsement unless so designated.

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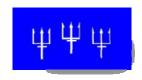
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## Commander Sends . . .

Cdr George Nartsissov, P



(Continued from page 1)



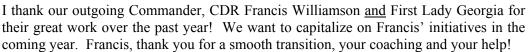
**EDUCATION**: We have an excellent Education staff. I am confident that we can continue to offer our members and the Northern Virginia Community the basic boating courses and the advanced courses and seminars. Please keep checking the Squadron web site for class schedules.

**BOATING SAFETY**: Beside the courses, we can strive to improve on the water safety through the **Vessel Safety Checks**. Last year we completed 113 VSCs. We have eight(8) Vessel Safety Check Examiners (John von Senden, chair). I am one of the examiners. I encourage you to look into the VSC program and become a Vessel Safety Check Examiner. This gives you an opportunity to do a valuable

public safety service, meet boaters and see a variety of different boats. There is an "on line" course and exam on the National web site.

**COMMUNITY SERVICE**: This is an outreach to the community through public service events. Our Squadron Wounded Warrior (WW) cruise on October 10, 2009, was a huge success! This was a continuation of the program initiated under the leadership of P/C George Degnon, P, in 2008. We will plan a WW cruise this year.

**SOCIAL ACTIVITIES**: We also want to have fun and enjoy ourselves by getting together for social functions, whether it is on the water or at other social events. Again, these events are a success if the members participate.





coming year. Francis, thank you for a smooth transition, your coaching and your help!

Thanks to the staff members that have made the Squadron so active and successful in the past year and the



many members that are continuing, for 2010 - 2011, in the various staff positions. We have an excellent Bridge and Executive Committee for the 2010 - 2011 term. However, we need an Administrative Officer and an Assistant Administrative Officer! The Administrative Officer is a Lt/C Bridge Officer position and the Assistant is a 1stLt position. It would be a great service to the Squadron if someone could step forward and be willing to accept the responsibility of one of these positions! You would receive plenty of coaching and assistance from the other Bridge Officers! Please contact me at 703-425-7044 or e-mail at ganh@verizon.net for any questions.

Thank you for your confidence!

I look forward to working with you in the coming year.

<u>Upcoming Events</u>: D/5 Spring Conference, March 26 – 28, Fontainebleau Hotel (Clarion), Ocean City, MD. Our Squadron will have a "Hospitality Suite" the evening of Friday, March 26 and for Saturday, March 27. At the Friday evening, "fun night", we will have a presentation of our Wounded Warrior Cruise as our Community Service contribution in 2009. Go to the D/5 web site for information (<u>www.uspsd5.org</u>). It is NOT too late to join us.

CDR George Nartsissov, P





## Executive Officer

Lt/C John G. Karjala, P



My input for this edition *of Tars & Terns* has a dual purpose. We will close out our second year tour as your Squadron's Administrative Officer ("AO") and commence an undertaking as your new Executive Officer ("XO"). A function of both those tasks is writing this missive.

I spoke to a member at one of our recent get-togethers who informed me that she actually reads my written word. This was illuminating, because on occasion in an Executive Committee meeting it has been hinted that no one reads our material. Now that I know we are read, I shall make every effort to be more informative and entertaining.

The AO's final party was the Change of Watch held at American Legion Post #177 on Saturday13 March 2010. It was well attended with 45 guests. (*See picture on pages 6-8*.) We wish to issue a special thanks to the five sea scouts who formally piped in the new bridge and in particular Sea Scout, Flag Lt Erin Gallagher. To each of you who assisted me in one way or another and by doing so has made my job easier over the last two years, I thank you and give you my best wishes. Special thanks goes out to P/C John Shivik, AP who preceded me as AO and provided experience and wisdom.

Beef and chicken *cordon bleu* were on the buffet table and the Commander's Locker was open at the bar. Food, wine, and spirits flowed according to the tastes of each guest. As one member told me, "If you don't enjoy yourself, you've no one to blame, but yourself." I believe every one enjoyed the ambience and camaraderie. Even the Founders Day and Change of Watch Ceremonies had an excellent jocose emcee to balance pageantry with light heartedness.

By the time you receive this, a final transition event out of AO mufti will have been accomplished when the D/5 Spring Training Conference wraps up on Saturday, 27 March 2010. NVSPS will have had a hospitality suite on Friday and Saturday 26 and 27 March 2010 at the Clarion Resort Fontainebleau Hotel, 10100 Coastal Highway, Ocean City, Maryland 21842. Our room number was #509. If you were in the neighborhood, you could have stopped by the hospitality suite for a pot luck lunch and refreshments from the commander's locker.



So far as my XO duties go and the issues expected to arise under that job, we have to look no further than the comments in this *of Tars & Terns*, regarding vessel safety checks and safety made by Commander Nartsissov. Other tasks are expected to include boat show supervision and publicity, et al.

See you at the next Squadron Event. Peace be with you.

John G. Karjala





## **Secretary** Lt/C Sue. Karjala, P



As I leave my position as Assistant Administrative Officer, I want to thank those who helped me with planning, set up, and clean up at the various functions we had throughout my last two years of service with special thanks to P/C John Shivik who was always available to answer any questions I had concerning my position and preparations that needed to be made for the various functions. I am probably better at planning events than I am at taking minutes, but I look forward to serving in my new position as Secretary and to attending the Officer Training provided at the D/5 conference in Ocean City.

I welcome any assistance and notes from my fellow officers, especially information on

upcoming agendas for EXCOM meetings and ALL HANDS MEETING which will help me in composing the minutes of the meetings. My e-mail address is: skarjala@verizon.net.

Have fun and be safe as you Commission your boats for the boating season.

Sue Karjala



#### oT&T Online

**Reminder**: The latest issue of *of Tars & Terns* is always available for downloading on the squadron web site (www.nvsps.org) as soon as it's complete. It's mailed to members by third-class bulk mail because the rate is approximately 60% less than first class mail. But they're delivered on a space-available basis and may be delayed.



# 43rd Annual NVSPS Change of Watch Festivities

# (Ceremony and a few hijinks.)



Presiding D5 representative Stf/C Robert R. Palmer, SN addresses the attendees.



Incoming Commander George Nartsissov, P is sworn in.



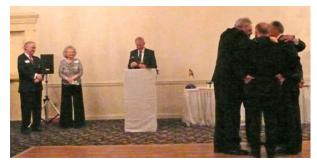
Gavel of Office is presented to Junior Past Commander Francis T. Williamson, AP and Georgia Williamson.



Outgoing Bridge assembles to turn over the reins of the Squadron to the incoming 2010-2011 Bridge.



New Bridge members assemble.



Past Commanders huddle to determine the fate of outgoing Commander Francis Williamson.



The verdict is delivered.



## 43rd Annual NVSPS Change of Watch Awards Presented



P/C Jay Nelson, AP Seasoned Salt Award

Frank Shults, S Exceptional Service in

**Public Relations** 



P/C John Shivik, AP Commander's Appreciation Award



P/C Gale Alls, SN Mentor of the Year



Lt. Fred Zugay, JN Outstanding Service as Membership Chair



Cdr George Nartsissov, AP Ann Nartsissov Outstanding Squadron Support



P/C Richard Durgin, JN Jean Durgin Outstanding Service to the Flower Power Fund

More awards on next page......



## 43rd Annual NVSPS Change of Watch Awards Presented



Lt./C John Karjala, P Lt./C Sue Karjala, P Charles S. Kent Perpetual Memorial Award



Tom Ballew, AP Outstanding Contributions to Sea Scout Youth Program



Lt./C Richard Unis, JN Education Award



D/Lt. Walter Lazear, AP
Manette Lazear, AP
Outstanding Service for Website, DB, and
Newsletter Activities



Commander's Recognition Certificates were awarded to (l-r): Lt. J.J. Fitzgerald, JN, Nancy Lieberman, Tom Trumbauer, [Cdr. Francis Williamson], Able Sea Scout Alex Lieberman, Georgia Williamson, Cathy Sheffield, AP, Tom Martin, AP

#### **Commander's Recognition Certificate Awardees not present:**

Captain Ronald Turner, U.S.N. (ret), Robert Donahue, AP, Stf/C Richard Davis, AP, Lt/C Randy Headrick, AP, Lt/C Ralph Young, AP, Michael Truelove, Captain Andrew Macyko, U.S.N., P/C Keith Segerson, AP, Dwight Bues, AP



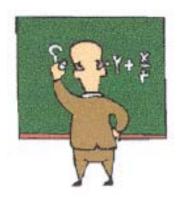


## Education Officer

Lt/C Richard E. Unis, JN



## Chalk Talk



Thank you for your vote of confidence as I return for another year as the Squadron Education Officer. I would like to introduce Sean Gallagher, AP, as the Assistant Squadron Education Officer. We look forward to serving your education needs!

We planned various course offerings for this next year as part of the process to develop a new budget for the education program. I thought I would take this opportunity to let you know what advanced and elective courses will be scheduled throughout the year. Here is a rundown of the advanced courses that will be offered: **Seamanship**, **Piloting**, **Advanced Piloting and Junior Navigation**. We also plan to offer the fol-

lowing electives: **Sail, Weather and Engine Maintenance**. In addition, **Cruise Planning** will be offered to the Sea Scouts but it will be open to all members. I will be planning tentative dates for all of these courses and publishing a master schedule so you can plan ahead for the courses you want to take.

We also plan to offer eight course offerings of **America's Boating Course (ABC)** – the basic boating course. One of our goals for this year is to restructure this course from a seven week course to a weekend (two-day/all-day) course. I have taught two **BoatVirginia** courses recently for the Virginia Department of Game & Inland Fisheries (VDGIF). That course is a one-day cram session. It is so popular that we have had to turn people away. Both courses had over 40 people in attendance! It is a challenge to teach all of the material and administer the exam in one day but I have successfully done it. Given that, I am confident that we can restructure the ABC course into a two-day course. I am finding that people in this area do not want to commit to a seven session course and are not willing to drive across town on a weeknight. We will have a team of instructors working on this new format so we can roll it out later this spring and summer. Hopefully we can expand our membership as well as a result.

There is always something to learn about boating. I highly encourage you to sign up for a class and strive for the next grade or expand your knowledge with an elective. You won't be disappointed! Please let me know if you have any questions about your education program. Don't forget to check the education schedule on the website (www.nvsps.org). Now, let's get out on the water!

See a special offer on the back of this page!





## WIN!

Educate yourself and Learn boating skills and win!



Boating is fun...

We'll show you how!®

United States Power Squadrons® P.O. Box 30423 Raleigh, NC 27622 1-888-FOR-USPS 1-888-367-8777

## Win Valuable Prizes!

Take and complete a USPS Course between July 1, 2009 and June 30, 2010!

United States Power Squadron members can take any one or more of the following courses between July 1, 2009 and June 30, 2010 to be eligible for the following prizes:

Seamanship: WIN A HANDHELD VHF RADIO

Piloting: WIN A HANDHELD GPS

Advanced Piloting: WIN A SET OF NAVIGATIONAL

SOFTWARE

JN: WIN A CHARTPLOTTER

Weather: WIN A BAROMETER

Marine Electrical Systems: WIN A MULTIMETER

Engine Maintenance: WIN A MULTIMETER

To enter the drawing, all you need to do is the following:

 Take and complete the qualifying course or courses between July 1, 2009 and June 30, 2010

Successfully pass the examination before June 30, 2010

3. You will be automatically entered in the drawing

The Available Prizes:

For Seamanship (3) Handheld VHF Radios
 For Piloting (3) Handheld GPS

For Advanced Piloting (3) Sets of Navigational Software

4. For JN (1) Chart Plotter 5. For Weather (3) Barometers

6. For Marine Electrical Systems (3) Multimeters

7. For Engine Maintenance (3) Multimeters

The winner's names will be drawn at the 2010 Governing Board held in Seattle from August 30th through September 4th, 2010.





## Safety Stuff

Lt. John C. von Senden, AP Safety Officer and Vessel Safety Check



## What makes for safe boating?

It has been said that boating is an inherently dangerous activity; but then, so is crossing a street – especially if you don't know how to do so. So is boating safety just a matter of education? Education is certainly a major factor; it is to a large extent what the Power Squadron is about. However, there is more to safe boating than just education; a safe boater is not only educated, but is also prepared and has the proper attitude.

Another way of looking at what makes for safe boating experience is to divide the discussion into Vessel Safety, Crew Safety and Operational Safety.

## **Vessel Safety**

The easiest way to ensure your vessel meets the minimum standards for safety is to have a Vessel Safety Check. This examination (not an inspection; the Coast Guard does those to commercial vessels) verifies you meet the regulatory identification requirements of the US and state governments, that you have the minimum required safety gear and that you meet the minimum standards for safe operation. Notice the word "minimum": state and federal standards are that – the minimum required for safe operation. It is up to the vessel master to ensure that any additional equipment or procedures are in place to ensure safe operation. More information may be found at <a href="http://safetyseal.net">http://safetyseal.net</a>.

## **Crew Safety**

Crew safety is comprised of crew fitness, training and attitude. You can probably add other qualities, but these give a good summary.

#### **Fitness**

Fitness is both a mental and a physical quality. Primarily it means being physically able to meet the demands of boating – it doesn't mean you need to be an Olympic athlete, but you need to be able to see, hear and have a certain sense of balance. It means you shouldn't be about to keel over from a heart attack. It also means you need to be properly nourished and hydrated.

## **Training**

Well we got back to boating education after all. But training also means practicing skills and maneuvers as necessary to master them. Everyone should be able to dock their vessel with unfavorable winds and currents, just as everyone should practice crew overboard recoveries. Sailors should be able to raise and lower sails in a variety of wind conditions. Any boater with an engine should be able to perform basic troubleshooting and maintenance of their engine (even if you prefer to hire the maintenance out).

#### **Attitude**

I've a pilot friend who has a patch that states "Attitude is Everything" while showing his jet flying inverted. The proper attitude is not only the Seabee's "Can Do" cockiness (even if well deserved), but the knowledge you have the ability to do what is required in any given situation. Part of this is analyzing what can go wrong ahead of time and what can be done about it. While this needn't be your prime focus while on the water, having this in the back of your mind won't interfere with the fun of boating and will pay off if (when) something does go wrong.

(Continued on page 12)



## **Operational Safety**

So you have a safe vessel and you are well trained, educated and raring to go. So what makes for safe operation? Well, four components (that I've come up with) are: planning, navigation, procedures (checklists) and analysis. You're welcome to add to the list.

## **Planning**

There are all sorts of aphorisms, almost cliché's, about planning. Plan your work, work your plan. Prior planning prevents poor performance. We'll let you come up with others. The reason these cliché's are so popular is, planning works.

## **Navigation**

It always helps to know where you are going whether it is a race course, a fishing spot or gunkhole, or travelling across an ocean. Yes, this is part of training, but this is just one example of training needing application to be useful. That is, knowing how to calculate set and drift is good but useless, unless you actually do calculate set and drift.

#### **Procedures**

There is probably a better name for this. The military and fire service call it SOP "Standard Operation Procedures" In any case it means working your plan (sorry confused cliché90

); having a plan for simple operations that are repeated so they become ingrained habit. (Athletes refer to muscle memory – a similar concept). The idea is that when something goes wrong, you are able to properly react without having to stop and think about the situation. I'm a fan of checklists: I have them for casting-off, anchoring, raising and lowering sails, just about any task on the boat. That doesn't mean that I pull out the checklist each time, but it does mean I've thought through the task and have in mind what should happen; it also means the checklist is readily available if I do need or want it.

## **Analysis**

As mentioned above, this includes the ability to do what-if scenarios in the back of your mind. It also is the ability to think through a planned action. If I do this the consequences will be...

#### **Future Articles**

You'll notice a lot of the above topics are tied together; future articles will amplify those connections along with such subjects as safely overtaking other vessels, more on Vessel Safety Checks, PFD or Life Jackets, proper selection and use of flares, proper radio procedures, fire safety and CO safety.

Okay, so enough preaching for one article. I thrive on feedback; let me know what subjects you would like to read about – or if I'm too basic or too advanced.

Remember, it's hard to expand your horizons, without losing sight of the shore.

## **Vessel Safety Checks**

#### Last Year

In 2009 we performed 113 VSC examinations. This is a substantial increase over 2008, when we performed 85 examinations. Gale Alls lead as the individual who performed the most examinations with 23.

#### This Year

Now is the time to get trained as an Examiner. Go to the National website at <a href="http://www.usps.org/national/vsc/">http://www.usps.org/national/vsc/</a> and click on Forms and Tools. There you'll find a PDF version of the <a href="VSC Manual">VSC Manual</a> along with training materials. When you're ready, click on the <a href="Online VE Exam">Online VE Exam</a> (you'll need to be using Microsoft IE). After you pass, bring me a copy of the results and perform five supervised examinations. After that you're on your way.

The VE season traditionally starts at the beginning of Safe Boating Week (starting Saturday 22 May) with an event at <u>Prince William Marine</u>. I hope to have more information for the next *oT&T*. In the meantime, let me know if you have any questions. Or, contact any of our VE's: Gale Alls, George Degnon, George Nartsissov, Robin Roberts, John Shivik, Steve Shupack, Francis Williamson or me. You can best reach me by email at <u>john@southerngirl.net</u>; the VSC email address for the squadron is <u>VSC@nvsps.org</u>.



# DOCK TALK



## Colonial Sail & Power Squadron VIMS Poker Run

Recently we announced our **Dinghy Poker Run** for the benefit of the Virginia Institute of Marine Sciences (See VIMS announcement on the back of this page.). As people who love the Bay there are many ways you could support this fund raiser for VIMS. Many of you know someone who boats and boats have captains and crew and friends that could easily register a small boat or dinghy representing your company, club group or organization. We need friendly competition out there raising money for VIMS and assisting with the hype. April 17<sup>th</sup> is not far away!!

Please consider sponsoring an entry with the idea that your effort will raise the most and claim the Mermaid Trophy. For this first annual effort we have commissioned Katy Moyers, an accomplished artist studying at VCU to paint the trophy. Awards will be offered for paddle division, jet ski, dinghy and possibly others.

The original will be donated to VIMS for their next charity auction but special and very limited autographed and colored prints will go the those winning boats that raise the most for VIMS. Walsh Electric is helping sponsor my dinghy and I'll be out there raising money in hopes of winning one of those prints. Please consider joining in the fun for a great cause.

Now there is a way. Attached is a poster announcing the poker run to end all poker runs. You, your group, club, organization or business can participate by supporting an entry just like you would an employee or friend in a walk a thon, except on the water. You can paddle a canoe or kayak, run a jet ski, sail or motor a dinghy, or run a boat. And people everywhere can enjoy a day on the water making a difference in the fight to assist our Chesapeake Bay.

The event will cover a course designed to visit five area marinas all in Hampton, Va. You can trailer or sail your boat to the course and because it is mostly protected water most anyone will have no trouble participating. There will be seven stops where each entry will get a playing card, best five card hand wins. But the real prizes will go to the entries that collect the most in donations for VIMS. For that they claim bragging rights for a year and receive the "Mermaid Trophy" in thanks. You can start from any of the designated marinas but the finish line will be Salt Ponds Marina in Hampton. There we'll have displays and clubs/ organizations all selling articles and food and items in support of VIMS. It will be a nautical fun fest with boat stuff for boat people.





# DOCK TALK





# the Biggest Little Poker Run

Register your Dinghy or Kayak Today!

Ever!

Registration Fee - \$20

Saturday, April 17, 2010 10am - 4pm Salt Ponds Marina, Hampton, VA

Boats will visit 7 designated locations along the Bay waterfront and receive a playing card. Upon returning to Salt Ponds Marina, they will assemble their best 5-card hand from the 7 cards received.

Winners will be announced and prizes will be given in many categories.

Organizing Sponsor: Colonial Sail and Power Squadron

www.usps.org/localusps/colonial/

"The Quest for the Mermaid" Trophy Awarded for the most money raised



// www.usps.org/localusps/colon

logo or burgee here!

club, organization, company, or group become a co-sponsor of this major event. Contact Bill Walsh for details at 800-554-4581 or 757-880-8820. email: bwalsh@walshelec.com Information packets will be available soon at many marinas, boating and sports related outlets, or on-line from the Colonial Sail and Power Squadron. Your boat, sales table or organization will solicit donations to support your effort, with all proceeds going to VIMS.







All proceeds will benefit the Virginia Institute of Marine Science www.vims.edu









## NOAA Cooperative Charting Workshop

Friday, 30 April — Sunday, 2 May 2010 NOAA Atlantic Marine Center, Norfolk, Virginia

The weekend is a fun and interesting one with workshops and tours on Saturday and a dinner Saturday night.

The workshop will be run with a dual track format. One track will be for those who want to learn depth surveys and the other will cover the traditional cooperative charting activities.

A full schedule and sign-up form can be found on page 4 of the Spring issue of the D/5 newsletter *Mark 5*. If you can't find yours, it is available online at: http://www.uspsd5.org/mark 5/spring 2010.pdf

The deadline for sign-up is Thursday, 22 April 2010



## of TARS & TERNS

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April 2010

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## **Dated Material**



